

Staywell Meeting
November 19, 2008
UEA Office
4:15 – 5:00 P.M.

Agenda and Meeting Notes:

- School Employee Wellness Booklets
 - ~ “A Guide for Protecting the Assets of Our Nation’s School”
 - ~ 4 copies available for reading

- Maintain, Don’t Gain
 - ~ Nov. 24 – Jan. 5
 - ~ Informational & Tracking sheet can be downloaded from www.ueastaywell.org
 - ~ \$10 gift certificates will be awarded on Dec. 16 & Jan. 6
 - ~ other prizes will be sought

- Metropark Passes
 - ~ Corporate discount \$16
 - ~ Many members interested
 - ~ Form can be downloaded from www.ueastaywell.org

- Staywell Grants
 - ~ 3-5 will be on selection committee
(Sharon Jones, Denise Hirschmann, Leslie Montgomery)
 - ~ Grant criteria sheet will be used as basis for determination.
 - ~ Grants can be awarded up to \$200

- Staywell Website
 - ~ www.ueastaywell.org
 - ~ launched!
 - ~ will formally publicize to members week of Dec. 1
 - ~ Business Cards with information will be given to all UEA members
 - ~ District Office will be contacted to see if they are able/willing to publicize.

- Business Partners
 - ~ will offer link on our website which provides a portal to our members/family/friends
 - ~ invitation extended to any business that promotes healthy lifestyle choices and:
 1. offers an incentive to our members (Ex: 10% discount on purchases with UCS-ID)
 2. pays \$100 annual fee (funds will be used to offset cost of website and provide more Wellness Grants)

Next Meeting:
January 14, 2009
4:15 P.M.
UEA Office